

2025 National Forum on Australia's Wellbeing Wellbeing In Action

21st to 23rd October 2025 Ngunnawal and Ngambri Country - Canberra

WORDS TO ACTION



LET'S REFLECT:
WHAT HAVE WE HEARD?

WHERE IS THE ENERGY?
WHAT IS RESONATING?

WHAT REALLY
((RESONATED))

...OR REINFORCED THE VIEWS YOU BROUGHT TO THE FORUM?

* WHAT WAS UNCOMFORTABLE OR NEW?



DON'T WORRY, WE AREN'T GOING TO ASSIGN NAMES TO ACTIONS :-)

THANK YOU, YOU KNOW WHO YOU ARE

WHAT RESONATED?

GROWTH
WHY AND FOR WHOM

NEEDS SUPERSEDE WANTS

WE NEED BUSINESS AT THE TABLE

POWER / CHANGE, AND INFLUENCE

ACCESS) EXECUTE) CHANGE

Visual Scribe by
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WHAT WAS UNCOMFORTABLE?

WHERE DOES LOCAL GOVERNMENT SIT?

WE NEED COHESION, NOT DUPLICATION

GOVT SOMETIMES REFLECTS RESPONSIBILITIES

CHALLENGE: THE SELF AND THE SYSTEM

SHORT TERM GOALS WORK (SOMETIMES)

A SHAME OLDER AUSTRALIANS DIDN'T HAVE MORE OF A FOCUS/VOICE

WHAT'S NEXT: WHAT ACTIONS ARE YOU GOING TO TAKE?

INSIDE YOUR COMFORT ZONE?

OUTSIDE YOUR COMFORT ZONE?

USING: -"SETTLER"/"COLONIAL"/"RACIST" TERMS

TALKING TO MY LOCAL MP

WHAT WOULD YOU DO IF YOU WERE 10 TIMES BOLDER

WHEN WERE YOU LAST SILENT IN NATURE?

