

2025 National Forum on Australia's Wellbeing Wellbeing In Action

21st to 23rd October 2025 Ngunnawal and Ngambri Country - Canberra

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CARRIE AND HER
TEAM HAVE LED
AN IMPORTANT
BREAKTHROUGH
IN WELLBEING



CARRIE EXTON
REIMAGINING POLICY SYSTEMS
FOR WELLBEING

WE ARE SEEKING TO
PROVIDE A
BIG VIEW OF THE
MULTIDIMENSIONAL NATURE
OF WELLBEING



1 WE NEED TO
GO BEYOND
THE ECONOMY

MORE FAMILIES
ARE OVER-BURDENED
(IN TERMS OF
HOUSING COSTS)
THAN BEFORE
THE PANDEMIC
"RENT IS
40% OF MY INCOME"



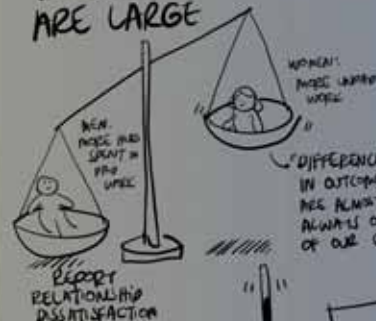
30% REPORT
FEELINGS OF
PAIN

INCREASE
IN DISSATISFACTION
IN RELATIONSHIPS
FOR YOUNG MEN

LONELINESS
IS RISING

THERE HAS BEEN A DECREASE
IN IN-PERSON
CONTACT

3 INEQUALITIES
IN WELLBEING
ARE LARGE



WHEN CONSIDERING WEALTH
AND INEQUALITY, CLIMATE
CHANGE WILL PLAY A
HUGE PART



WOMEN'S
PAIN
AND
GRIEF

"DIFFERENCES
IN OUTCOMES
ARE ALMOST
ALWAYS OUT
OF OUR CONTROL"

EXPOSURE TO
EXTREME
TEMPERATURES
IS UP



TRUST IN
OTHERS IS
DOWN

TRUST IN
THE GOVERNMENT
IS DOWN

STRONGER ACTION
IS NEEDED TO
MAINTAIN TODAY'S
WELLBEING FOR
FUTURE GENERATIONS



"WELLBEING
IN THE
DIGITAL AGE"

WE WILL RELEASE
A REPORT ON
WELLBEING ON THE
19TH OF NOVEMBER

THE DIGITAL
WELLBEING HUB
HOW IS DIGITISATION
SHAPING OUR LIVES?

SOCIAL
CONNECTION
AND LONELINESS

THANK YOU,
CARRIE.
THE OECD IS A
PROLIFIC, CAPABLE AND
COMPREHENSIVE ORGANISATION

